

Supportive Training/ Living Program: Xello:

<https://student.xello.world/goals-and-plans/pathway-profile/supportedTraining>

- **Think about what you'd like to achieve:**

There are lots of things you can choose to do after high school! What's your goal for after graduation? You might want to:

- Find a job

- Volunteer

- Go to college

- Live on your own

Think about what you'd really like to do. Talk it over with your support network, including your family and friends.

Once you know what you'd like to do, you'll have an idea of what kind of **support or services you'll need! Each program offers different kinds of support.**

1. **Find programs:**

There are lots of different programs out there. Some are offered by governments or organizations. Others are offered by schools. You'll want to find one near you that offers the support you need to achieve your goals.

Here are some ways to learn about programs:

- Ask your counselor or teachers about programs that might be a fit for you

- Talk to other adults you know and trust about programs they're familiar with

- Do a Google search for programs in your area and check out their websites

- Visit the [federal government site](#) for federal and local disability programs

- Contact your state's [vocational rehabilitation agency](#)

2. **Get in touch:**

Reach out to the staff at the programs that interest you. Find out more about what they offer. Does the program meet your needs?

3. **Choose a program:**

Chat with your family and friends about your options. Which program is the best fit for you?

Once you've found the right program, you'll be well on your way to achieving your goals!

