

Bronson Athletic Club 269-544-3200
www.bronson health.com

Memberships	Initiation Fee	Monthly Dues
Individual	\$199	\$103
Family	\$199	\$103, \$45, \$19 (13 & under free)

Borgess Health & Fitness Center 269-552-2304
www.fitness.borgess.com

Memberships	Initiation Fee	Monthly Dues
Primary	\$99	Primary - \$55
First Family Member	\$99	First Family Member - \$27
Each Additional	Each Additional - \$50	Each Additional - \$21

Courthouse 269-329-0033
www.thecourthouseac.com

Membership	Initiation Fee	Monthly Dues
One year	\$25 if sign for 1 year (normal cost is \$50)	\$19.95

Portage Family Fitness 269-329-9000
www.familyfitnessportage.com

Memberships	Initiation Fee	Monthly Dues
N/A	N/A	Basic Membership - \$15

SWAT 269-544-5000
www.swatfitnessclub.com

Discounts applied if we have 5 members at SWAT

Memberships	Initiation Fee	Monthly Dues
Single	\$49	\$35.00
Couple	\$49	\$55.00
Family	\$49	\$75.00

West Hills Athletic

269-387-0410

www.westhillsathletic.com

Memberships	Initiation Fee	Monthly Dues
12 month option	-one month free no initiation fee	Individual - \$44 Couples - \$72 Single Parent - \$63 Family - \$91
Month to month	-no initiation fee	Individual - \$49 Couples - \$77 Single Parent - \$68 Family - \$96

YMCA

269-324-9622

www.kzooyymca.org

Maple Street/Center Street Locations- **We are waiting for the 2014 rates**

Memberships	Initiation Fee	Monthly Dues
N/A	\$75	Individual - \$47 Single Parent - \$59 Family - \$75

Lightning Kicks

269-383-2610

www.lightningkicks.com

Memberships	Initiation Fee	Monthly Dues
N/A		15% off regular programs (Not including discounted part-time programs). You will need proof of employment (paystub etc.) to receive this discount.

Fit For Life Boot Camp

269-743-7742

www.fitforlifebc.com

Memberships	Initiation Fee	Monthly Dues
Group Boot Camp Classes	N/A	\$89

The Fitness Spot

269-344-3845

www.the-fitness-spot.com

Memberships	Initiation Fee	Monthly Dues
8 week program		\$125 (\$25 discount for 8 weeks)

This program includes 8 weeks of fitness classes as well as nutritional counseling. You can attend as many fitness classes per week as you want at our facility for 8 weeks. You will also meet once a week with our nutrition counselor to adjust your food intake as needed to make sure your body is burning fat. By the end of the program, you will have eliminated foods that cause weight gain, gained lean muscle and taught your body to burn fat for fuel which leads to significant body change.

Anytime Fitness

See Below for Phone #'s

www.anytimefitness.com/gyms/1637/kalamazoo-mi-49009

Memberships	Initiation Fee	Monthly Dues
Any	1 week free trial	10% off any membership

Two Locations in the Kalamazoo area: You can also use the facilities of any Anytime Fitness nationwide.

Anytime Fitness
283 West Centre Ave
Portage, MI
269.270.3165

Anytime Fitness
6980 Stadium Drive
Kalamazoo, MI
269.365.9855

Just Move Fitness and More

269-425-2387

www.justmovefit.com

Memberships	Initiation Fee	Monthly Dues
Punch Cards		6 classes for \$36 18 classes for \$90 Monthly unlimited \$45

**See Flyer for more information